

Timing is Everthing!

Interactive Metronome at Home



What is Interactive Metronome?

The therapy team at Specialty Home Health Care has been trained to use Interactive Metronome with patients in the home. Interactive Metronome is a therapy modality that must be used in conjunction with: Gait Training, Prosthetic Training, Orthotic Training, Therapeutic Exercises, Neuro-muscular Re-education, and Balance Training. It has proven effective to help people of all ages overcome conditions that affect their cognitive and physical abilities.

How does IM work?

Sometimes things such as Traumatic Brain Injury or stroke disrupt timing in the brain (temporal processing). This is responsible for focusing attention, reading comprehension, remembering information, processing speech, motor coordination, and other human capabilities. IM is a neuro-motor therapy tool that offers game like exercises that can be customized to the individual.

By using Interactive Metronome alongside functional therapy interventions, you are addressing both:

- 1) The areas of ability that impact achievement and independence, and also
- 2) The deficient neural timing between regions of the brain, which is many times the root of the problem.

This leads to more efficient treatment, and better overall treatment outcomes.

Who can benefit from using Interactive Metronome therapy at home?

Adults diagnosed with a wide variety of conditions benefit from using IM:

- ADHD
- Brain Injury
- Brain Tumor (following surgery or chemotherapy)
- Limb Amputation
- MS
- Parkinson's
- Stroke
- Spinal Cord Injury



“Caring Is Our Specialty!”

**Call Specialty Home Health Care if you have a patient
who might benefit from Interactive Metronome at Home!**

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